

II Things...



MeMah Wants
to Tell You!

11 Things Memah Wants to Tell You!

Did you know that #11 is a 'Master' number?
Did you know that Sierra Josephine McNeil
= Master #11? (in Sacred Numerology)
Look out World! Sierra is here,
with her sleeves rolled up & ready to rock!

Dear One:

**You chose the right family and the perfect time
to come to Earth! No matter where I am, you can
always count on me!**

Love always,

MeMah

Thoughts and insights from **MeMah** to **Sierra**.
A 'work in progress'... an ongoing journey.

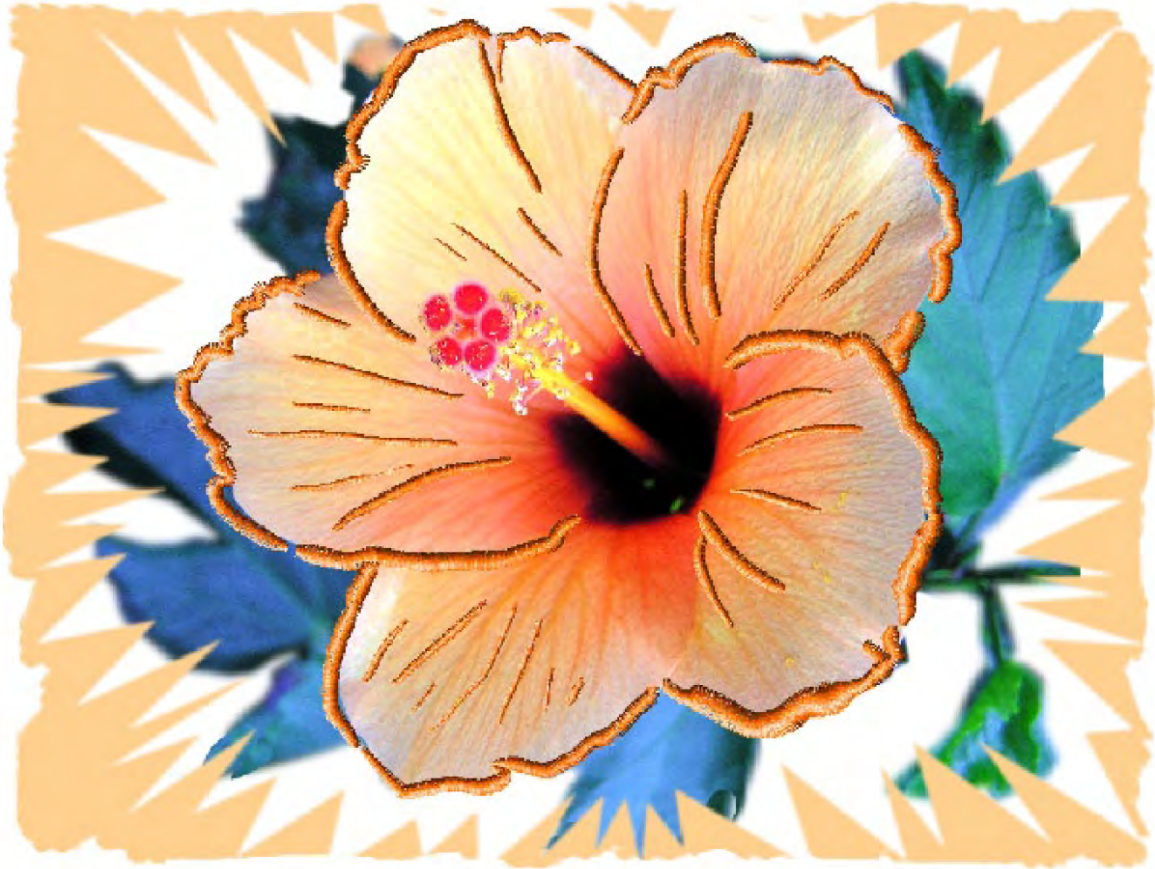
♥ 2008 ♥

Of **Songbird** I asked what he has to tell you-
In perfect pitch and range answered,
'I don't mind if I do!'



'The world is a joyous and magical place-
Sing your heart happy- a smile on your face!
No matter appearances, both near
and there, far-
Bring beauty and harmony
to wherever You are!'

Requesting from **Flower** a message for you-
With flawless beauty replied,
'Indeed, I do!'



'Each good seed that you plant
will flourish & grow-
Spreading happiness and healing-
more than you know.
See undeniable beauty in young and in old-
Your heart will confirm much more
than you're told'.

Inquiring of **Tree** - What do you see?
In bustling whispers as clear as can be:



‘Should you meet struggle along your way-
Be still and breathe deeply
throughout the day.
Take my perspective, three-hundred feet tall!
Be immense, outside the details,
ever so small’.

Mr. **Sun** I pray, what have you to say?
Glowing warm & especially brilliant this day:



‘From whence you left, until your return-
Shine your light brightly, wherever you learn.
Keep your heart open
with especially ‘hard cases’-
Go forth and illuminate all the dark places.
Should ever you find something ‘murky’ inside-
Call my energy to burn it- let Love abide’.

To gentle **Brook** I teased,
“So, what do you know?” Her example apparent-
‘Just go with the flow’.



“Sometimes it seems that Life is
flowing upstream”

Brook chuckles at that:

‘Things are not what they seem’.

“But what of the obstacles- Look there,
that big boulder!”

‘My Dear, can you feel that angel
on your shoulder?’

Of **Gaia** - Oh, Mother Earth, I plead
for this child-
From strength and resilience, her manner, mild-



‘Walk lightly to leave small footprints on me-
Together, we’ll create Paradise, you see.
Your body, connected to mine on the grid-
Let me absorb suffering- it’s not your bid!’

Dog, represented as 'man's best friend'
What thought today, might have you to lend?



*'Be happy, and joyful- let bygones be past-
Great Spirit and kindness make
Friends that last.*

*Be alert, be aware- opportunities abound!
Forget laziness and all the troubles around'.*

Delightful **Cat**, have you some news?
Her yawn and stretch good medicine to use:



‘Right here and right now- you’ve
all that you need-
With your focus as Source,
you’ll always succeed.
Take care of yourself 1st-
Play and have fun-
That’s most of what matters-
All said & done’.

Oh wise **Owl** , pray tell, what would you offer?
This One from your medicine surely will proffer:



‘Eyes open, mouth shut- be patient and still-
Discern for yourself- what’s ‘drama’,
what’s ‘real’.

Opinions mean nothing; we each
have free choice-

Quiet mystery can be your ‘loudest voice’.

Magnificent **Butterfly**, what can you give?
Reflections and metaphors, for others to live:



‘Independence and Freedom,
as birthrights are Your’s-
Spread your wings, fly high- &
Let your heart soar.
Be who You are, and dance your own tune-
Should the world frighten,
Rest in your cocoon’.

Then, **I** asked myself, what could I leave you?
Observing Life's magic, you arrived 'on cue':



‘If today, I call you ‘Tater’
& tomorrow, ‘Mud Pie’-
Names and roles are only what we answer by.
Call me ‘Me-Mah’, ‘Biker-Babe’,
or even ‘Ma-Bear’-
Labels mean nothing- and I truly don’t care.
These bodies merely a small part that we are-
Extensions of God, once born from a star’.

‘My Love, I’d say- perfect parents you chose-
To learn, all together, lessons Your soul knows.
There’s not ‘Good’, not ‘Evil’,
just Energy, you see-
Not ‘black & white’, or ‘right or wrong’-
Truth sets you free’.

‘When in doubt, check inside- feel bad?
Or feel good?
Emotions will guide you,
as core systems should.
All you put out there, in Love or in Fear-
Returns to you impartially,
You’re responsible here’.

‘Keep your mind clear of clutter,
as we’re all so affected-
You’re the ‘spoke of the wheel,
and we’re all connected’

‘Your ‘Life’s Work may not be found
in industry or fashion-
The Universe supports you,
when you’re ‘in your passion’.

‘Whatever you may have to express,
I will listen-
What your old soul brings- I’ll not be missin’.
Should I, or you, leave early, this land-
Simply grasp my ‘Interdimensional hand’.

‘As your mother before you,
and Grandmothers, all-
We’re angels and guardians awaiting your call.
We won’t push you or prod you,
‘Turn this way or that’ -
But shine a light upon your path,
or even just chat’.

‘Sierra Josephine, you are never alone-
Miles or galaxies between us-
You can always ‘call Home’.
My heart is so full that you’ve found us again-
You remind me, our ‘true nature’
as no one else can’.

